

Knights News JT Foster School

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October 25th, 2024

Principal's Message - Mr. MacDonald

Queen's Ball Fashion Show

Community culture has a tremendous impact on school function. Schools are microcosms of their communities, and everything that happens in them can fundamentally change the environment. When schools act as a catalyst to bring people together, we gather as a single voice in support of our students. This past Tuesday, the community came together in support of a program that is embedded in the culture at JT Foster. When students can demonstrate their work and correlate that work with success, research suggests that this is the ultimate motivator. Communities that support all students, as a whole, tend to be the most successful ones. We are thankful for a small group of volunteers who dedicate themselves to making this program successful, and I would like to take this opportunity to express my sincere gratitude to all who came out to the school to be part of this event.

Family School Liaison Counsellor - Angie Conway

October is Domestic Violence Awareness month and at JT Foster, we have the privilege of welcoming Rowan House Society to present to our grade 8 and 10 classes. The Preventative Education School Program is evidence-based and aims to support in "breaking the cycle of domestic violence and abuse in our communities." This week we had our first round of two presentations by the Preventative Education facilitators, Cuiney and Lindsey.

The grade 8s will learn about values, boundaries, empathy and the impact of being a bystander. They will also discuss healthy relationships and how to recognize red flags/unhealthy signs in all of their relationships. The grade 10s will discuss red flags in relationships in more depth as well as dating abuse. They will explore how to understand their own values, boundaries and self esteem to understand if they are ready to begin dating.

Both groups will receive information on what to do if they find themselves in unhealthy relationships or if they are concerned about others and the relationships they observe.

For more information on Rowan House Society and their programs, please visit their website at www.rowanhouse.ca. You can also follow them on Facebook and Instagram.

If you, or someone you know needs support, you can call Rowan House directly at 403-652-3311.

Important Upcoming Dates - Lee Chattaway & Jenna Flitton

Monday October 28

- Lettie Croskery (Career Practitioner) will be here at 9am
- Sydney Wallis (LRSD Pursuits Virtual School) will be here from 9-9:30am to check in with students taking virtual classes

Tuesday October 29

- Student Leadership Meeting at lunch
- Queens Ball Dance practice 7-9pm

Wednesday October 30

- Grade 9 follow up immunizations
- Lifetouch Picture Retakes - 8:30-10:00am
- Rowan House Presentations (grades 8 &10)

Thursday October 31

- Halloween - wear your costumes to school
- Queens Ball Etiquette practice

Friday November 1

- No School for Jr. High students

Tuesday November 5

- Student Leadership Meeting at lunch
- Travel Club Meeting at 5:30pm with EF Tours in the Conference Room
- Queens Ball Dance practice

Thursday November 7

- Queens Ball Etiquette practice 7-9pm

Friday November 8

- Remembrance Day Ceremony 11am

November 11-15

- No School for the week
- Canceled: Queens Ball Dance practice Nov. 12
- Canceled: Queens Ball Etiquette practice Nov. 14
- No Sports practices for the week