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March 18, 2022

[From the Principal's Office: \(doucetr@lrsd.ab.ca\)](mailto:doucetr@lrsd.ab.ca)

Each year the Alberta government sends survey links to grade 10 and 7 parents, and this survey is a crucial metric for ongoing school improvement. Give me a call or email if you have any questions or concerns about how to do the survey.

We just finished our spring round of parent-teacher interviews. If you did not book appointments, were not available, or didn't know about them, please email the teachers or call, and they would be happy to speak about the children's progress.

We know the parent portal is not easy to navigate, but it is available. Call us at the school if you need help setting it up.

Roger

Roger Doucet
doucetr@lrsd.ab.ca

[From the desk of Angie Conway \(conwaya@lrsd.ab.ca\)](mailto:conwaya@lrsd.ab.ca)

Something I speak with students, parents/guardians and teachers about resiliency. Resilience is the ability to bounce back from the obstacles that life can throw at us. When we struggle or have difficulties, we know that building resilience can be an outcome and is something we strive for. With this in mind, it is important to highlight how high expectations can hinder the ability to gain resiliency and grow from the struggles we go through.

"The high expectations that young people are often expected to meet can lead them on a path towards perceived failure and disappointment and away from resilience."

Our Mission:

- *To create lifelong engaged learners.*
- *To inspire excellence in leadership, academics, athletics, and fine arts.*
- *To develop critical thinkers, problem solvers, and ethically responsible citizens.*

Our Vision:

- *People: Be a great place to learn, be inspired, and self-discovery.*
- *Planet: Be a responsible and ethical citizen in a local and global world.*
- *Community: To create a dynamic engaged community that includes the arts, athletics, and respects the agricultural roots and traditions of our community in order to nurture creativity and lifelong learning.*

We have several expectations of kids and teens these days regarding academics, self-control, behaviour and even their emotions. They also have very high expectations of themselves, from what I have witnessed, which can lead to fears and stress in school settings and within relationships.

The problem isn't necessarily the expectations, I believe expectations are important, however setting unattainable ones and how we respond when our expectations are not met can impact self-esteem due to feelings of failure. Our young people will always remember how the important adults in their life make them feel.

Please consider registering for this free webinar which will cover topics like helping your student thrive in times of failure and disappointment, how to respond to negative self-talk and strengthening your relationship so that your student will come to you for guidance and support.

[What are young people hiding from adults?](#)

Angie Conway
conwaya@lrsd.ab.ca
 M-Th 8:30-4:30

| <i>What We Are Working On</i> | <i>Upcoming Dates / Assessments</i> |
|--|--|
| Grade 7 | |
| Mr. MacDonald - ELA | |
| <p>This week students will be reading Ender's Game chapters 7-10. Audio versions of the novel are available on Google Classroom if listening and reading along with the book is preferred.</p> <p>Reminder - "What If...?" writing assignment was due last week. Students are asked to submit their writing pieces on Google Classroom as soon as possible.</p> | <p>Chapters 1-6 Reader Responses due this Friday on Google Classroom</p> |
| Mr. Hatch - Science | |
| <p>This week, students will be looking into the concepts of structural strength & stability as it applies to their spaghetti towers.</p> | |
| Ms. Howard - Math | |
| <p>We are preparing for our Midterm this week, moved from last week to accommodate more time for our unit project. We will finish the week by beginning our next unit: Coordinates and Design.</p> | <p>Midterm Exam: Tuesday, March 22 (postponed from last week)</p> |

| Mr. Gammie- PE | |
|---|--|
| Students are demonstrating positive behaviours that show respect for themselves and others while participating in badminton | |
| Mr. Porteous - Social Studies | |
| Students will be finishing our examination of the Durham Report and how it led to Responsible Government in the BNA Colonies. | |

| <i>What We Are Working On</i> | <i>Upcoming Dates / Assessments</i> |
|---|-------------------------------------|
| Grade 8 | |
| Ms. Wiggins - ELA | |
| This week we are continuing to work on writing to express our understanding. Students will be doing this using content from our novel, <i>White Bird</i> . | |
| Mr. Hatch - Science | |
| This week, students will be discussing the evolution of machines throughout human history by examining various artifacts and the simple machines in which they are composed. | |
| Ms. Howard - Math | |
| We are working on the second half of our 3D nets and dimensional views unit. Students will learn to draw nets for various polyhedra. This unit will lend itself nicely to the following unit which involves surface area. | Checkup: Tuesday, March 22 |
| Mr. Henning - Social Studies | |
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| Mr. Gammie- PE | |
| Students are demonstrating positive behaviours that show respect for themselves and others while participating in badminton | |

| <i>What We Are Working On</i> | <i>Upcoming Dates / Assessments</i> |
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| Grade 9 | |

| Ms. Wiggins - ELA | |
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| This week we are beginning to wrap up our novel study, <i>A Long Way Gone</i> . Students will be working on a writing piece before completing our final visual journal and moving into a cumulative assessment. | |
| Mr. Hatch - Science | |
| This week, students will be working on circuit drawings. This involves a variety of symbols and illustrations to represent the various aspects of simple & complex circuitry. | |
| Ms. Howard - Math | |
| We are currently working through Linear Inequalities. Students are discovering the similarities and differences between inequalities and equations from our previous unit. | Checkup: Wednesday, March 23 |
| Mr. Porteous - Social Studies | |
| Our examination of the USA Market Economy will continue. | Market vs. Mixed Economy Poster will be due next Friday. |
| Mr. Gammie- PE | |
| Students are demonstrating positive behaviours that show respect for themselves and others while participating in badminton | |

| <i>What We Are Working On</i> | <i>Upcoming Dates / Assessments</i> |
|---|--|
| Grade 10 | |
| Ms. Wiggins - Social | |
| This week we are continuing our study of historical globalization. Students will be examining the impacts and legacies of confederation, residential schools, and the Oka crisis. | |
| Ms. MacLachlan - ELA | |
| We are continuing with our study of <i>Romeo and Juliet</i> . This week we will finish working on Act 3, and move on to Act 4. Act 3 questions were due on Wednesday, March 16th. | Act 4 Presentations - due March 23rd |
| Mrs. McNutt - Math 10C | |

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| Students begin the trigonometry unit this week. Students will need a scientific calculator to complete this unit. | Wednesday, March 23 - Quiz - Sin, Cos, Tan - find missing sides and angles |
| Mr. Anderson - Sci | |
| Students are learning about scalars, vectors, speed, acceleration, uniform & non-uniform motion along with the corresponding graphs. Extra help is available each week; see Mr. Anderson. | Spark-timer Uniform vs. Non-uniform Motion Lab Due. Mar. 22nd, Ext. Mar. 29th Physics Quiz Mar. 22nd. |
| Mr. Gammie- PE | |
| March 21 - Netball, March 23 - Student-led warm-up - badminton, March 25 - Beep test #2, yoga & dance, CPR practicals continue | |
| Mrs. McNutt- CALM | |
| Students continue to investigate their strengths and careers that will demonstrate their strengths. If you would like your child to not participate in the sexual health unit please send a letter to Mr. Roger Doucet with that request. | |

| <i>What We Are Working On</i> | <i>Upcoming Dates / Assessments</i> |
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| Grade 11 | |
| Ms. MacLachlan - ELA | |
| We are continuing with our study of <i>Macbeth</i> . This week we will finish working on Act 3, and move on to Act 4. Act 3 questions were due at the end of class on Monday, March 14. | Act 4 Imagery - Due March 21st |
| Mrs. McNutt - Math 20-2 | |
| Students are learning the Sine and Cosine Law for trigonometry. | Tuesday, March 23 - Quiz - Sine & Cosine Law Friday, March 25 - Quiz - Sine & Cosine Law problem-solving. |
| Mr. Anderson - Bio | |
| Students are learning about biomes, terrestrial and aquatic ecosystems. Extra help is available each week; see Mr. Anderson | Case Study Natural vs. Artificial Ecosystems Due Mar. 15th, Ext. Mar 22nd. |

| <i>What We Are Working On</i> | <i>Upcoming Dates / Assessments</i> |
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| Grade 12 | |

| Ms.Howard - Math 31 | |
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| Students should have begun Unit 4 this week: Applications of Derivatives. | |
| Mrs. McNutt - Math 30-2 | |
| Students are completing the probability unit with an exam. We then begin Chapter 4 Exponential and Logarithmic Functions. Students will learn how to solve exponential functions using logarithms. | Monday, March 21 - Chapter 3 Probability Exam Friday, March 25 - Quiz - Analyzing Exponential and Logarithmic Functions |
| Mr. Anderson - Chem | |
| Students are learning about the 5-step method for predicting redox reactions along with oxidation numbers. Extra help is available each week; see Mr. Anderson. | Lab Activity: Standardizing a solution of potassium permanganate and Analyzing for Tin Due near the end of March. |
| Mr. Porteous - Social Studies | |
| We will begin looking at the two major systems that rejected liberalism - fascism and communism. | Researching Ideologies due Monday. |

On The Court:

Jr. Badminton Practice Wednesdays and Thursdays @ ABD 3:45-4:45
 Sr. Badminton Practice Wednesdays and Thursdays @ ABD 4:45-5:45
 March 23 - Chinook All-Star Basketball Game - Vulcan
 Mar 23 - Baseball Practice - 4pm - JTF

Please return your Basketball uniforms to Mr. Gammie

From Career Services (Lettie Croskery, Career Practitioner, croskeryl@lrsd.ab.ca
 403-915-0781)

We have BIG news from our friends at Olds College! The college has allocated 100 rooms in residence for Livingstone Range School Division high school students who are interested in checking out their [Discovery Day on Thursday, May 12, 2022!](#) Students will be able to stay in their own rooms (each with a private bathroom) on the night of Wednesday, May 11, 2022. We are so excited to offer this event to our students. If your student is interested, please reach out to Lettie to be placed on our 'early bird' list. Permission forms and further details will be available in mid-April.



DISCOVERY DAY

May 12, 2022